

WIDOW & WIDOWER RETREAT

March 26-28, 2021

Strength in the Lord | Psalm 28:7

The Lord is my strength and my shield; My heart trusted in Him, and I am helped;
Therefore, my heart greatly rejoices, and with my song I will praise Him

Chesapeake Auditorium, 3rd Floor

FRIDAY

PM

4:00 Guest check-in

5:00 Dinner Service

7:00 Welcome, Roundtable introductions

Session | Opening Encouragement ~ Gigi Williams, live stream

Gigi will present a compassionate message of hope and encouragement for whatever phase of grief you may be experiencing. As a widow for the past 6 years, Gigi has journeyed through various steps toward healing after the loss of her husband of 40 years. Soon after her husband's passing, Gigi wrote her life's story as a person born missing her left hand, "God's Hand in My ONE...Looking back at the Master's Plan." She saw with clearer vision than ever, that through every tear and sorrow, God was with her all along.

SATURDAY

AM

8:00 Continental Breakfast

10:00 **Session | Reflections**

Grief, Grace & Growth: Widowhood in the Midst of a Worldwide Pandemic ~ Dr. Denise Rollins

For many of us, the last year has felt like a whirlwind! In the midst of grieving our loved ones, the coronavirus magnified our circumstances by causing us to grieve the loss of our lives as we knew them. As we emerge from our COVID bubble, it is time to look within via a self-check designed to determine what we need, look around to decide how we can also assist others in need, and look up to tap into our true strength and shield. This session allows participants to heal through grief, hold onto God's grace, and find hope in eternal growth.

12:00 Lunch service

1:00 **Session | Sharing for Others | Facilitator ~ Denise Rollins**

This confidential informal session provides space to share your concerns and success. In doing so you are helping others and recognize that you are not alone

PM

4:00 **Session | Money Treasure Time: Know It, Own It, Like It, or Change It ~ Miriam Neff, live stream**

This is an area that encompasses many common issues most of us must face. Let us look at our treasure chest – it is actually God's on loan to us. Debt, wealth, budgeting, and more is now ours to oversee. Moving forward from our changed reality, lets create a wise spending plan, and learn sound investing practices. Our goal is wise stewardship of God's treasure chest, contentment and generosity. Opportunity for questions following the presentation.

5:00 Dinner Service

SUNDAY

AM **Please check-out from rooms by 10:00**

8:00 Continental Breakfast

10:00 **Closing**



Schedule subject to change to better serve you.

ADDITIONAL INFORMATION

~ **Sandy Cove Offering** | An offering will be received at the Sunday morning session. Thank you so much for prayerfully considering how you may assist Sandy Cove in its ongoing mission of helping people connect with God. Your gracious offering will go towards our "Family Foundation Fund." Thank you for your giving of this gift and that of your prayers.

~ Applicable **Speaker Recorded Sessions** can be purchased in the Morning Cheer Bookstore, 3rd Floor, See the Bookstore for costs and delivery method.

~ **Sports Pool** | Open during above noted times | Modest one-piece swimming attire required. Please change in your rooms and bring a towel. See the campersAPP for updates on the pool availability.

~ **In case of an emergency**, please call 911. Then, if possible, call the Front Desk (410) 287-5433 (or press "0" on room/hallway phones) provide your location for staff to direct emergency personnel and complete any necessary paperwork. In the event the **fire alarm** sounds please proceed calmly and quickly to the Palmer building (next to the Driftwood building). All floors have outdoor direct access.

~ Your water bottle can be refilled from 6 filtered drinking stations around the building (Floor/#stations: 3rd/3; 2nd/2; 1st/1).

~ Complimentary coffee is available near the Front Desk 24 hours a day. Snacks are available for purchase from the Front Desk

**Download the campersAPP | enter login key "SandyCove"
for property updates including meals, pool availability, and more**