

Breakfast

ENTRÉE (choose one from each column)

- · Buttermilk Pancakes
- · Whole Wheat Pancakes
- French Toast

MEATS (choose two)

- Bacon
- Pork Sausage Links
- Canadian Bacon

POTATOES (choose one)

- Skillet Browns
- Home Fries

HOT CEREAL

Oatmeal

SWEETS

· Assorted Breakfast Pastries

- SWEETS
- **FRESH FRUIT**
- All breakfasts are served with freshly brewed coffee, decaffeinated coffee and orange juice.

Meals are served buffet style and the food lines will remain open for one hour from the designated start time.

Full meal service outside of the Dining Room is available for an additional \$3 per person with a \$100.00 minimum, plus the cost of the meeting room rental.

- Scrambled Eggs
- Western Eggs (with ham, onions, & peppers)
- · Hard Boiled Eggs
- Turkey Sausage Links
- Ham
- Hash Brown Patties
- · Shredded Potatoes



Luncheon

ENTRÉE (choose one)

- Sandy Cove Sliders: Chicken & Beef
- Beef or Chicken Stir-fry
- Sliced Deli Meats & Grilled Chicken

- Chicken, Egg & Tuna Salad Wraps
- Beef & Chicken Cheese Steaks
- Meat & Vegetable Lasagna

ACCOMPANIMENTS (choose one)

- Sweet Potato Fries
- Onion Rings
- Jasmine Rice

- Seasoned French Fries
- Bread Sticks
- Fresh Fried Old Bay Potato Chips

All luncheon entrees and accompaniments served with Chef's choice of condiments.

SOUPS (choose two)

- · Cream of Tomato
- · Cream of Broccoli
- Vegetarian Vegetable
- Chicken Noodle
- Caribbean Black Bean

- Maryland Crab
- New England Clam Chowder
- Italian Wedding
- Crab & Corn Chowder

SALAD

· Mixed Green Salad with Full Salad Bar

DESSERTS (choose one)

- Fruited Jell-O[®]
- Assorted Puddings with Toppings
- Assorted Dessert Bars
- Fresh Baked Cookies

- Brownies
- Italian ice
- Vanilla Ice Cream with Toppings
- Fresh Cut Fruit

All luncheons are served with freshly brewed coffee, decaffeinated coffee and iced tea.

Meals are served buffet style and the food lines will remain open for one hour from the designated start time.

Full meal service outside of the Dining Room is available for an additional \$3 per person with a \$100.00 minimum, plus the cost of the meeting room rental.



Dinner

ENTRÉES (choose two)

- · Oven Roasted Chicken
- Chicken Marsala
- · Pecan Crusted Tilapia
- · Baked Ham
- Roast Turkey & Gravy

- Blackberry Balsamic Pork Loin
- Grilled Bistro Steaks
- · Salmon in Saffron Dill Sauce
- Fried Chicken

POTATO, RICE OR PASTA (choose one)

- Garlic & Rosemary Roasted Red Potatoes
- · Baked Potato

- Brown & Wild Rice Pilaf
- Country-Style Mashed Potatoes

VEGETABLES (choose one vegetable and one BLEND)

- Broccoli Florets
- Sugar Snap Peas
- Glazed Baby Carrots
- California BLEND (Broccoli, Carrots, Cauliflower)
- Spring BLEND (Broccoli, Cauliflower, Carrots, Zucchini, Yellow Squash)
- · Confetti Corn
- · Sautéed Green Beans
- Peas with Pearl Onions
- Manhattan BLEND (Asparagus, Golden Italian Beans, Sugar Snap Peas, Red Pepper Strips)

SALAD

Mixed Green Salad with Full Salad Bar

BREAD

Assorted Rolls

DESSERTS (choose one)

- · Assorted Fruit Pies
- Assorted Homemade Fruit Crisp
- Eclairs

- Assorted Cream Pies
- · Chocolate & Carrot Cakes
- Strawberry & Lemon Cakes

All dinners are served with freshly brewed coffee, decaffeinated coffee and iced tea.

Meals are served buffet style and the food lines will remain open for one hour from the designated start time.

Plated meal service is available for an additional \$3 per person.

Full meal service outside of the Dining Room is available for an additional \$3 per person with a \$100.00 minimum, plus the cost of the meeting room rental.

Sandy Cove