

Consultations with Georgia Shaffer, a Professional Certified Coach

Friday, March 1, 2019: 4:00 - 5:30 pm | Saturday, March 2, 2019: 1:15 - 4:30 pm

Choose from one of the following 30-minute options Georgia offers during the Widow's Journey. It is recommended that you sign up before the conference as spaces are limited.

Individual Coaching

Maybe you're wondering what is next best step for you? Perhaps you desire a sounding board for feedback and encouragement. Or would you prefer a few practical tools to help you navigate the challenges of being a widow? This coaching session can be customized for you and your specific needs. **Special Widow's Journey Price: 30 min. coaching -\$35.**

Emotional Intelligence Coaching

Emotional intelligence (EQ) denotes our ability to recognize and manage our emotions and relationships. EQ is one of the best predictors of both personal and professional success. Unlike IQ, you can improve your EQ. Upon completing the Emotional Intelligence Quotient, you will be provided with an 11-page personalized report, detailing your EQ strengths, limitations and specific strategies for improvement. **Special Widow's Journey Price: assessment, report and 30 minutes of coaching - \$70.**

Personality Coaching

The Myers-Briggs Type Indicator® (MBTI®) is a well-researched personality assessment providing a unique framework for identifying your strengths and preferred decision-making style. This self-knowledge tool can eliminate the guesswork of trying to figure out who you are, your strengths and weaknesses and how best to relate with others. A personalized report gives you practical strategies so that you can be the woman God created you to be. **Special Widow's Journey Price: assessment, report and 30 minutes of coaching - \$70.**

Please email Georgia to set an appointment in advance along with the type of coaching you have chosen from the options listed. These prices are available only at the Widows Journey weekend and openings are limited.

Email Georgia@GeorgiaShaffer.com