



Food For Thought Form

Our aim is to serve the Lord and our guests through our food service. We understand that some guests have health issues that cause various dietary restrictions. Please list below the name of your food allergy or dietary restriction (example: gluten free, allergy to nuts, low sodium, etc.).

If your request requires specialty foods that cannot be found in most local grocery stores, please bring these foods along with you. We are happy to store and prepare these foods for you.

Our culinary team will always do their best to service your dietary needs. In order to best serve you, please submit your Food for Thought form at least one week in advance of your scheduled stay with Sandy Cove.

First Name: _____

Last Name: _____

Age (if under 18): _____

Email: _____

Phone: _____

Group or Event Name (if applicable): _____

Arrival Date (mm/dd/yyyy): _____

Departure Date (mm/dd/yyyy): _____

We understand that some guests prefer a vegetarian diet. If you are a vegetarian, please tell us what type of vegetarian diet you prefer:

Vegan

Lacto-ovo Vegetarian

Pescetarian

Other, please specify: _____

Allergies | Specific Dietary Needs:

Foods you normally eat (breakfast):

Foods you normally eat (lunch):

Foods you normally eat (dinner):